THE ELITE GYMNASTICS ACADEMY
SOLON, OHIO

TEGA Tigers Handbook 2026-2027

Effective: May 1, 2026

2026-2027 TEGA Tiger Program

The Elite Gymnastics Academy ("TEGA") would like to welcome you to our gymnastics facility! If you are reading this handbook, then your child has shown an interest in joining our Tiger Program.

Our gym has been in the Cleveland area for over twenty years. We offer classes for ages 18 months-15 years old. Classes are designed to grow gross motor skills that will promote a strong athletic foundation for any future sport. Our instructors and coaches are trained to teach each gymnast the correct fundamentals and basic skills of gymnastics, along with listening skills, confidence, discipline, and motivation. This all leads to a positive self-image both inside and outside of the gym. Here at TEGA, we want our athletes to become the best PERSON they can be.

This handbook serves as a guide into the world of membership here at TEGA and what you can expect as a Tiger athlete. Although lengthy, we hope you appreciate the time and effort we have put into this document to allow for full transparency of membership. If you have any questions or concerns after reading this document, please reach out to one of our Directors.

Contacts

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TEGA Directors

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TEGA Tigers App

Please make sure to download our free app via the Apple or Google Play store. After downloading, please login to your parent portal (same information as your Jackrabbit login). We use this app to communicate with our families. It has the ability to send push notifications (closure announcements, programming reminders, etc.) directly to your phone so you stay informed. You can also track your athlete's skills progress and submit absences on the app.

TEGA Tiger Programs & Descriptions

Tiger Preschool

Ages 18 months - 7 years

Our co-ed preschool program progresses based on age and the student's development in the following areas:

- Gross & fine motor skills
- Social & emotional skills
- Gymnastics skills

Preschool gymnasts will begin in the designated area which has been designed specifically to enhance the classes to be both physically and developmentally appropriate for young children. As they progress through the program, the classes will transition into larger areas of the gymnastics facility. This is to ensure the safety and proper progression of the gymnastics experience. In addition, students in our classes are working on life skills (confidence, team work, problem solving, safety, etc). Class length times start at 35 minutes for our youngest class and progressively get longer as they move up through the program.

Girls Recreational

Ages 7+

- A skills based program with progressive skill development.
    - Levels range from **Beginner** to **Intermediate** to **Advanced**.
- We use on-going evaluations to measure both skills and maturity level to ensure appropriate progression and placement.
- Each level has its own requirements designed to challenge and teach the athlete the movements necessary to pursue a potential gymnastics career.
- Intermediate and Advanced gymnasts may have the opportunity to be invited to team tryouts in the spring, based on the instructor's recommendation.

Tiger Ninja Classes

Ages 4.5+

The Tiger Ninja classes change weekly and explore a variety of different spaces throughout the "big" gym. The Ninja Tiger classes are co-ed and will utilize a variety of ever changing obstacle courses and challenges to prioritize the following:

- Balance
- Strength
- Coordination
- Agility

Class Enrollment & Billing Policies

Steps to register for Tiger Programs:

1. Fill out the electronic forms via our website.
    a. Completion and submission of the registration forms do not include the payment process.
2. To complete the enrollment process, please login to your customer portal to complete the payment portion of registration via Jackrabbit.

Once this final step has been completed, your child is enrolled in the class!

We do not offer trial classes. However, we do offer a 30-day money-back guarantee. If you decide within the first 30 days that our program is not the right fit for you, we will refund you the full amount paid to our facility. This would include the annual registration fee and class fees. Please note this policy is only for new customers.

Enrollment:

Once enrolled in a class, you are responsible for the payment of the class, regardless of the date of the month. Our programs run year around, month to month, and not in sessions. We only prorate monthly tuition when there is a scheduled gym closure (Not for school breaks or vacations).

Registration:

Each family is responsible for an annual $65 membership fee. This fee covers all family members (must live in the same house) for a 12-month

period. Your membership fee will be billed annually on the 1st of the month in which you originally registered. If you drop and re-enroll, you are not responsible for a second registration fee as long as the re-enrollment is within the 12-month time period.

Billing:

- Monthly class tuition will be posted 5 days before the start of each month.
- Tuition is due in full by the 1st of the month.
- All accounts are required to have a credit card on file and be enrolled in auto-billing.
- Tuition payments will be processed on the 1st of the month.
    - In the event that the 1st of the month falls on a weekend or a holiday, payment processing will be adjusted to the following business day.

Late Payments:

There will be a late fee of $25 applied to payments that are more than 5 business days past the due date. Accounts that are more than 10 days past due will not be allowed to attend class(es) until payment is received. This could also result in the athlete losing their spot in class.

Drop Policy:

TEGA has a 30 day notice of withdrawal from the program(s). Customers must fill out our drop form to let us know they would like to withdraw from a class. The customer is responsible for payment through the confirmed last day of class via director notice.

Annual Price Adjustments:

We have an annual price adjustment every August 1st.

This is a necessary business practice which allows us to maintain our facility, purchase new equipment/supplies, train our staff and pay them a fair wage, adjust for inflation, and provide a positive experience for you and your family.

Tiger Guidelines

Check In & Supervision

ALL athletes MUST check in at the front office prior to entering the gym. This is for the safety of the athletes. We take attendance upon entrance to the facility. Safety is our number one priority and that starts with knowing who is in our building.

We ask that preschool parents (or their adult) stay in the vicinity of the gym as your child or staff may need to contact you during class. Additionally, please be punctual at pick up time.

Late Arrival Policy

If your gymnast is going to be more than 10 minutes late to class, they may not be allowed to participate. This rule exists for the safety of the athletes first, but it is also disruptive to the class and causes stress to all involved.

We of course understand that traffic happens or we get stuck at work. In those cases, please make sure to call the front office so they can properly advise you on what to do. If you are finding it difficult to arrive on time for your classes on a regular basis, we highly recommend you call the gym and speak to our front office. We can try to move your athlete into a class that works better for your schedule.

Make Up Policy

The TEGA Tiger Programs do not offer makeup classes. However, makeup classes will be offered **only** under the following circumstances (and student must be actively enrolled in class):

1. Religious Holidays (Passover, Diwali, Yom Kippur, etc.)
    - If your family will be out for an extended period of time due to religious reasons (e.g. Ramadan), please notify the front office in advance.
2. Family/Medical Emergency
3. Serious Injury (broken bones, severe sprains, concussions, etc.)

- If your child's injury will require them to be out more than 2 weeks, please see the front office to discuss other options.

Other extenuating circumstances will be considered on a case by case basis and must have the Tiger or Front Office Director's approval.

In the event of a gym-wide closure due to power outage or inclement weather, we will issue an account credit for any missed classes.

Communication

- EMAIL:
    a. It is your responsibility to actively check your emails. We frequently send communications via email.
    b. You should check for these daily, or at least weekly.
- TEGA App:
    a. Please make sure you have downloaded our free app.
    b. Vital push notifications will be sent via the app.

Attire

For the safety of the Tiger athletes and our staff, please follow our rules regarding attire for class:

- Female gymnasts must wear a one piece leotard/unitard (***NO SKIRTS***)
- Boys should be in athletic wear
- LONG HAIR: Hair must be pulled back – neatly out of their face
    - Athletes will be asked to leave class to put their hair up if the instructor deems it too long for safety reasons
- Tiger & Cub gymnasts do not need to wear a leotard but should be in age appropriate athletic wear
- Form fitting leggings or shorts are allowed to be worn with leotards
    - Oversized clothing becomes a hazard during class and we will require the athlete to put it in their cubby before participating in class
- Pop Up Classes, Clinics & Ninja athletes can wear proper fitting athletic clothes (with no buttons or zippers) or leotards/unitards
- Jewelry should stay at home or with their grown up
- No socks or tights regardless of class

Respect the Gym

- ***Children are not permitted in the preschool area unless participating in class***
    - ***This includes before and after their own class***
- Enrolled students must wait for their coach to accompany them into the gym
- Only students enrolled in a class may be dropped off
    - Siblings or children must remain supervised by their adult in the viewing areas only
- Cell phones are to be used ONLY in the parent viewing area, hallways, and lobby
- Water bottles:
    - Only plastic/metal reusable water bottles are permitted
    - Water only please
- No food in the gym
    - Respectful, non messy eating is allowed in the viewing areas
- No glass
- Please allow your child to fully focus on their class. This means refraining from coaching/yelling into the gym.
- Misuse and/or defacing or destruction of equipment will not be tolerated. Consequences of such behavior could include immediate dismissal from the program.

Behavior

- Our staff have the right to implement behavior systems to help keep your child safe. This includes but is not limited to, asking your child to sit out for a portion of class if they are continuing to make unsafe choices.
- We ask that you help remind your child of the importance of listening and following directions.
- The gym is a busy place and gymnastics can be a dangerous sport when directions are not being properly followed.

Photo Policy

Please make sure you have the correct information on your child's registration forms regarding the use of their images in photos for marketing purposes. There is a place to note in the comments box at the bottom of the registration page to mark if you do NOT want TEGA Tigers to use your child's photo. Please have a conversation with one of our Directors with us if you have any questions regarding this topic.

Inclement Weather Policy

We do not follow a school district to determine closure due to inclement weather. The Owner and Director will make the call a MINIMUM of 3 hours prior to class times. An EMAIL will be sent as soon as the call is made.

Many times the weather improves as the day goes on, so snow that caused a tricky morning commute will not be the same by 4:00 p.m. If you have not heard about a closure and it's within 3 hours of class time, the gym is open and they will have class.

* The exemption to the 3 hour notice rule will be for power outages or unplanned extreme weather.